Atty's 22094

18

1

2

3

4

5

6

9

acid; and

Pat. App. 10/014,935

p.2

(b) 45 to 85% by weight of a mixture of plant extracts 10 wherein the mixture includes: 11 (1) escolsica californica, matricaria 12 chamomilla, tilia cordata, crategus oxyacantha, and foeniculum 13 vulgaris, or 14 (2) melissa officinalis, escolsica californica, 15 matricaria chamomilla, ruscus aculeatus, foeniculum vulgaris, and 16 silybum marianum; together with a pharmaceutically acceptable inert 17 carrier or diluent.

37. A method of aiding an individual who smokes, to stop smoking, which comprises the step of administering to said individual a therapeutically effective amount of a phytopharmaceutical composition for reducing tobacco smoke addiction which consists essentially of: (a) 10 to 30% by weight of at least one amino acid selected from the group consisting of cysteine, cystine, phenylala-7 nine, methionine, tryptophan, tyrosine, histidine and glutamic 8

Atty's 22094

Pat. App. 10/014,935

(b) 45 to 85% by weight of a mixture of plant extracts 10 wherein the mixture includes: melissa officinalis, escolsica 11 californica, matricaria chamomilla, ruscus aculeatus, foeniculum 12 vulgaris, and silybum marianum; together with a pharmaceutically 13 acceptable inert carrier or diluent. 14 38. A method of aiding an individual who smokes, to stop 1 smoking, which comprises the step of administering to said indi-2 vidual a therapeutically effective amount of a phytopharmaceutical 3 composition for reducing tobacco smoke addiction which consists 4 essentially of: 5 6

3.75% by weight tryptophan; 3.75% by weight phenylalanine; 7 3.75% by weight tyrosine; 8 3.75% by weight methionine; 9 15% by weight melissa officinalis, 10 15% by weight escolsica californica; 11 15% by weight matricaria chamomilla; 12 15% by weight ruscus aculeatus; 13 10% by weight foeniculum vulgaria; 14 10% by weight silybum marianum; and 15 4.7% by weight sorbitol. 16